



CONSENT FORM

WALKING CLUB

IMPORTANT If you want to take part please return form at least August 24th 2011, because there are limited spaces available. Alternatively telephone the Route 81 office on 01436 811100.

This form should be completed by a parent/guardian before the young person can participate in the event detailed below. One form should be completed for each child/young person.

**Route 81 Walking Club, Garelochhead – Glen Fruin - Helensburgh.
Saturday August 27th 2011, 10am – 2.30pm, Prepare money for bus.
Start from Centre 81, Garelochhead.**

Return to Centre 81 Garelochhead from Helensburgh by Bus.

Young people need to bring their own packed lunch and lots of drinking water.

Young people are recommended to bring waterproof jacket and sun lotion (depending on weather).

Please wear appropriate walking clothing and footwear.

Please bring enough money for bus (\pm £ 2) going back from Helensburgh to

Garelochhead or contact Marlon if you have your own transportation from Helensburgh.

I agree to my son/daughter taking part in the above-mentioned event.

Name of child:
Date of birth:
Address:
Home Phone Number:
Parent's Work Phone Number:
Parent's Home Phone Number:

Alternative Contact Person

Name:
Address:
Phone Number:
Relation to child:

Medical Information

Doctor's name:
Doctor's address:

Does your son/daughter suffer from any condition requiring special medical treatment, including medication? If yes, give details below.

Is your son/daughter allergic to any medications? If yes, please give details below.

Does your son/daughter have any special dietary requirements? If yes, please give details below.

Has your son/daughter received a tetanus injection in the last five years?

Yes		No	
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I undertake to inform the co-ordinator/group leader as soon as possible of any change in the medical circumstances between the date signed and the commencement of the event.

I give permission for leaders to seek professional help for my child in case of emergency.

This is a 10.5 miles walk with a little incline and some bog area; there are also times when we will walk on the side of the road. Please take these conditions into account before joining this activity.

Signature of Parent/Guardian:
Date: